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**METRO LOOKS AT
WAYS TO STAY ON
TRACK IN THE NEW YEAR**
PAGE 11


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A FRIENDLY DESTROYER

Winnipeg's Desiree Scott, a 2012 London Olympics bronze medallist known on the Canadian women's national soccer team as "The Destroyer," said she hopes Investors Group Field is filled with Canada fans on May 8, when she and her teammates take on the powerful U.S. women's squad in a soccer friendly. Tickets start at \$20 and go on sale via Ticketmaster on Valentine's Day. Canada Soccer said those who buy tickets will be placed on a priority list for the 2015 Women's World Cup, of which Winnipeg is one of six host cities. For more, see page 13. BERNICE PONTANILLA/METRO

Former minister claims she was hung out to dry

'Just not acceptable.'
Christine Melnick says she was forced to take the blame for immigration controversy to 'protect the premier'

An ousted cabinet minister says she was told she would have to protect Manitoba's premier by taking the blame for a controversial immigration debate.

Christine Melnick, one of three ministers sent to the backbenches in a cabinet shuffle last fall, said Premier Greg Selinger was wrong when he recently said she acted without his staff's knowledge in setting up the debate in April 2012.

"I'm very disappointed in Greg Selinger. I have been loyal. I believe I have been a hard-working minister and

MLA and have been part of the team," the former immigration minister said Monday. "To be treated like this is reprehensible and just not acceptable."

Melnick said she was acting on orders from the premier's advisers when she asked bureaucrats to email invitations to immigrant support agencies to attend the debate in April of 2012.

The NDP government was criticized at the time by the Opposition Progressive Conservatives for stacking the gallery.

Melnick said when the emails were questioned by the ombudsman last fall, she was told by Selinger's press secretary Matt Williamson that she would be taking the fall.

"I was told that it did not matter what I had to say. The decision had been made to hang me out in order to protect the premier."

Accusations

Melnick made the following accusations, all of which were denied by Williamson:

- Anna Rothney, head of the NDP cabinet's priorities and planning committee, instructed that the email invitations be sent.
- Liam Martin, the premier's chief of staff, told her not to do any more media interviews after the ombudsman's report, when she blamed diabetes for her memory loss.
- Williamson, acting as the premier's press secretary, told her she would bear the blame so as to protect the premier.

THE CANADIAN PRESS


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Exchange District

Condo subsidy plan rejigged after outrage

A contentious subsidy program for prospective condo buyers in the Exchange District has been redirected toward improving streets and safety.

The incentive, which was part of the Exchange Waterfront Neighbourhood Development Program, was heralded during a council meeting last July as a unique program meant to increase the number of downtown residents.

The plan was to provide a \$10,000 loan that would have been forgiven at \$2,000 per year for five years if ownership of the condo continued.

However, the program was met with public outrage, which prompted the reallocation of \$2.43 million — the portion of the \$7.785 million earmarked for the subsidies — towards streetscaping, safety initiatives and marketing downtown living.

Winston Yee, manager of housing and development for the City of Winnipeg, said the planned improvements include enhanced lighting, wider sidewalks, park benches and “things that will bring people into an area and have a lot more routine activity.”

“It’s an investment to get a return for the city, absolutely, and part of that return is to increase the tax base, to increase density and to leverage our infrastructure,” said Yee, adding that the city will begin work with CentreVenture on a master design plan.

The updated plan now moves to executive policy committee and, if approved, to city council.

BERNICE PONTANILLA/METRO



A sure sign that spring is on its way. It has to be ...

City of Winnipeg workers start removing the 9,000 lights from city hall’s Christmas tree on Monday. The 12-metre-high Colorado blue spruce, chosen from 270 candidates, went up on Nov. 3 and was donated by North Kildonan resident Guy Sever. BERNICE PONTANILLA/METRO

Police HQ bills to stay under wraps

Motion defeated.
Taxpayers Federation contemplating \$3,000 payout for documents



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

A bid to publicize financial documents on the Winnipeg Police headquarters project failed on Monday.

The request for the ex-

penses came from councillors on the Assiniboia Community Committee, who wanted all receipts or invoices paid by the city made available online.

The motion was made on Jan. 7, before city council’s vote in favour of a full audit on the police HQ on Jan. 29.

It was the audit that spurred councillors on the downtown development committee to accept the motion as information, effectively kiboshing it.

Colin Craig of the Canadian Taxpayers Federation,

Answers due

The police HQ audit is expected to be completed by June.

who’s argued in favour of both the audit and of the documents’ release, said he tried to get the documents late last year and was told by city officials that it would cost upward of \$3,000.

“We’re disappointed; we think that the information

should be released to the public so that the public can take a look at what’s going on and weigh in if they happen to know of anything that may not have been right. It could actually help the audit process,” Craig said, musing that he might hold a social to raise the three grand.

The Taxpayers Federation had asked for a waiver on the fee, but Coun. Brian Mayes argued that if it were granted, more citizens or groups would come forward with the same request.

St. Boniface. Two seniors menaced in home invasion

Winnipeg police are looking for two men after they barged into a home in St. Boniface on Sunday.

Police said a pair of masked men forced their way into a home in the 200 block of Bertrand Street at about 6:50 p.m. after they knocked and the 67-year-old male homeowner opened the door.

The men, who were carrying a pistol, demanded cash

and property from the man and his 66-year-old wife. One assailant sprayed the man with pepper spray, but the wife was able to escape and call police.

The pair of thieves immediately fled with cash.

Police are looking for two white males in their 20s with slim builds. Both men wore balaclavas to hide their faces.

METRO

The grain must flow

Minister seeks more rail reports

A transportation bottleneck that has left a bumper crop of grain sitting in some fields is prompting Ottawa to keep closer tabs on rail companies. Agriculture Minister Gerry Ritz plans to make companies report monthly on their performance, rather than every three months.

THE CANADIAN PRESS

Defamation? Mayor sues student writer, university

Winnipeg’s mayor is suing the University of Winnipeg, the publisher of the school’s newspaper and a student writer over a column the mayor says is defamatory.

The column, written in the *Uniter* in December, was about a fire-hall land swap.

It suggests Mayor Sam Katz pressured the city’s former chief administration officer to make a deal with

real-estate company Shindico at any cost.

In a statement of claim recently filed in court, Katz’s lawyer denies that account.

The lawsuit alleges the column is reckless and deliberately meant to cause harm to the mayor.

Statements of claim contain allegations that have not been proven in court.

CJOB/THE CANADIAN PRESS

TRANSIT TUESDAY

Weekly Transit News Update



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Police officers escort children away from School No. 263 in Moscow on Monday after an incident in which investigators said an armed teenager killed a teacher and a policeman before being taken into custody. ALEXANDER ZEMLIANICHENKO/THE ASSOCIATED PRESS

Student goes on shooting spree

Weapons of choice.

In addition to the small-calibre rifle, the shooter was carrying a short-barrelled rifle

A 10th-grade student with two rifles burst into his Moscow school on Monday, killing his geography teacher and a policeman in front of about 20 students, investigators said. His father played a key role in freeing those students before police stormed the classroom and took his son into custody,

the city police chief said.

The student gunman also seriously wounded a second police officer who had responded to an alarm from the school, investigators said.

None of the approximately 400 children in School No. 263 at the time were hurt, said Karina Sabitova, a police spokeswoman. But students were so fearful that some ran from the building with their teachers without stopping to put on coats in below-freezing temperatures. The school in northeast Moscow is for children in grades one through 11.

The ethnic Russian teenager entered the school after threatening its security guard, who managed to hit an alarm before following the student to his classroom, said Vladimir Markin, spokesman for Russia's Investigative Committee, its main investigative agency.

"Without saying a word, he fired several shots at the geography teacher," Markin said.

The shooter fired at least 11 times from a small-calibre rifle, also killing one police officer and wounding a second, Markin said.

The youth's father was im-

mediately called to the school. He spoke to his son on the phone for 15 minutes to try to persuade him to let the 20 or so students in the classroom leave, but the boy refused, Moscow police chief Anatoly Yakunin said in televised remarks.

The father, wearing a bullet-proof vest provided by police, then went into the classroom. About 30 minutes later, the trapped students walked out, leaving the father and son alone in the classroom, and police special forces stormed in, Yakunin said.

THE ASSOCIATED PRESS

Heavy security, gay rights issue won't detract from Sochi Games

Heavy security and Russia's anti-gay law should not detract from the Sochi Olympics, IOC President Thomas Bach said Monday.

Bach also reiterated his defence of Russia's massive spending on the Winter Games, saying the money is going to the long-term transformation of the region.

Speaking at a news con-

ference four days before the opening ceremony, Bach again voiced his backing for Russia's ability to deliver a safe Olympics amid threats of terror attacks by Islamic militants from the North Caucasus.

Tens of thousands of military and police personnel have been deployed to protect the games, as well as

warships, anti-missile batteries and drone aircraft.

"Every big event nowadays is under threat, whether it's a political summit or a big convention," Bach said. "We have to address this because anything else would be surrender to terrorists and this is the last thing we all want to do."

THE ASSOCIATED PRESS



International Olympic Committee President Thomas Bach.

THE ASSOCIATED PRESS

Vancouver deputy mayor meets IOC execs to talk LGBTQ rights

Sochi. Meeting with IOC president's senior staffers proves hopeful

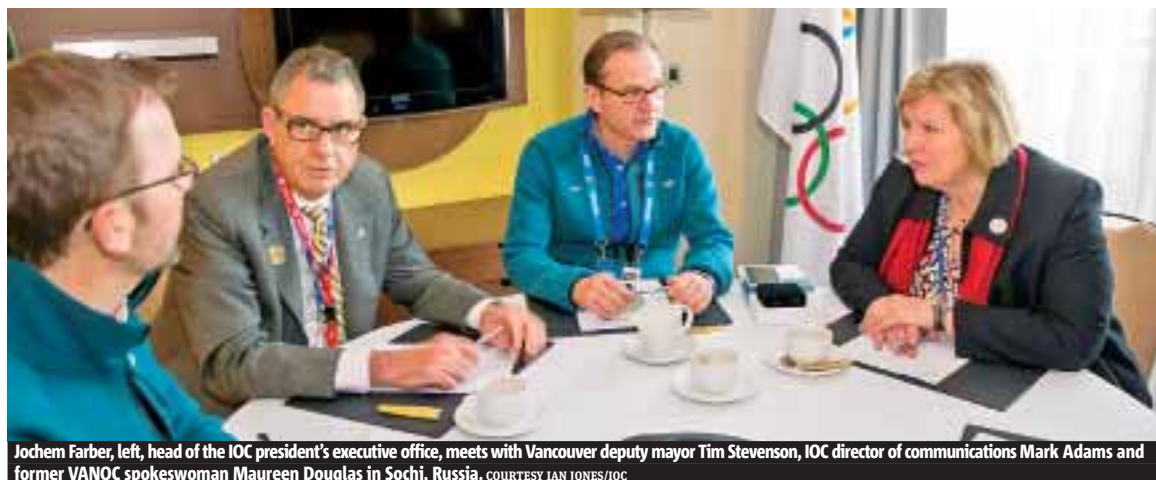


KATE WEBB
Metro in Vancouver

It took Vancouver Deputy Mayor Tim Stevenson just three days after arriving in Sochi, Russia, to get what he came for: A meeting at the office of the president of the International Olympic Committee (IOC).

The openly gay city councillor travelled across the world with the full backing of his hometown, a former Olympic host city, to urge the IOC to add sexual orientation to its charter among other unacceptable forms of discrimination.

He came away hopeful it



Jochem Farber, left, head of the IOC president's executive office, meets with Vancouver deputy mayor Tim Stevenson, IOC director of communications Mark Adams and former VANOC spokeswoman Maureen Douglas in Sochi, Russia. COURTESY IAN JONES/IOC

will do just that.

"I'm pinching myself a bit," he told Metro on Monday in a phone call from the subtropical Russian city, just hours after meeting with two of the IOC

president's senior staffers.

"It's far more hopeful, and I am far more positive than I thought I would be."

Stevenson explained that the new president himself,

German fencer Thomas Bach, is busy meeting with heads of state and his executive board until the Games kick off Feb. 7.

But Stevenson was thrilled regardless to be able to sit

down for 75 minutes with Jochem Farber, the head of the president's executive office, as well as IOC director of communications Mark Adams.

"They basically said that

Quoted

"It's far more hopeful, and I am far more positive than I thought I would be."

Vancouver Deputy Mayor Tim Stevenson, on his meeting to urge the IOC to amend its charter to include sexual orientation.

with the new president, Bach, he is instituting a whole renewal program of the IOC and everything is on the table for discussion with the members, including sexual orientation," Stevenson said.

The sweeping review, known as "Olympic Agenda 2020," began in December and will be discussed in the coming days by the 100-plus members of the IOC. It will culminate in December with a huge conference and vote in Monaco. **WITH FILES FROM THE ASSOCIATED PRESS**

CSEC chief denies privacy breach

The head of Canada's eavesdropping agency says an effort to understand airport wireless systems did not breach the privacy of Canadians.

John Forster told a Senate committee that Communications Security Establishment Canada (CSEC) was merely collecting metadata, or data about data, and not the content of messages.

A document obtained by CBC indicates the pilot project was intended to help the agency locate kidnappers and terrorists.

The CSEC slide presentation suggests information was taken from an unidentified Canadian airport's free Wi-Fi system over a two-week period.

Forster says the agency was trying to build a mathematical model to help determine a communication pattern at a public location, in this case an airport. He says the model has subsequently been used in at least two cases to identify legitimate foreign targets.

Ottawa-based CSEC monitors foreign computer, satellite, radio and telephone traffic

of people, states, organizations and terrorist groups for information of intelligence interest to Canada. It is a key player in the Five Eyes intelligence network that includes partner agencies from the United States, Britain, Australia and New Zealand.

Some civil libertarians say the agency's metadata monitoring is worrisome because even such seemingly innocuous material can reveal a lot about a person, such as their location and who they are contacting.

THE CANADIAN PRESS



CSEC Chief John Forster.
FRED CHARTRAND/THE CANADIAN PRESS

Dramatic increase

WHO predicts rise in cancer cases

The World Health Organization's cancer agency warns there will be 22 million new cases of cancer every year within the next two decades.

A report Monday estimated there were 14 million new cases in 2012, but predicted that figure would jump due to global aging and the spread of cancers to developing nations.

THE ASSOCIATED PRESS

Lev Tahor children

Kids must return to Quebec: Judge

An Ontario judge has ruled that children from an ultra-Orthodox Jewish sect, who left Quebec while social services was investigating the community, should be returned to that province.

Members of the Lev Tahor community were under investigation last year for issues including children's health and allegations that the kids weren't learning the provincial curriculum.

THE CANADIAN PRESS

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Four-year term. Yellen sworn in as first female U.S. Federal Reserve chair

Janet Yellen was sworn in Monday to succeed Ben Bernanke, becoming the first woman to lead the U.S. Federal Reserve in its 100-year history.

Yellen, who was confirmed by the Senate last month, was sworn in by Fed Governor Daniel Tarullo, the senior member of the Fed's seven-member board.

She took the oath in a brief ceremony in front of a fireplace in the Fed's massive board room. Her husband, Nobel-winning economist George Akerlof, was present, as were other Fed board members and Fed staff.

Yellen, 67, made no remarks at her swearing in but did smile to acknowledge the applause of the assembled group.

Nominated by President Barack Obama on Oct. 9, her



Janet Yellen smiles after being sworn in on Monday. THE ASSOCIATED PRESS

four-year term as chairman will end on Feb. 3, 2018.

Meanwhile, the Brookings Institution, announced Monday that Bernanke was joining the Washington think-tank as a distinguished fellow in residence.

THE ASSOCIATED PRESS

\$389,119!? Canadian home prices overvalued by 10%: TD Bank report

Canadian home prices are likely about 10 per cent overvalued given the expectations for rising interest rates, TD Bank said in a report Monday.

However, the bank also noted that the overvaluation in markets like Toronto, Vancouver, Montreal and Ottawa is likely more significant than in others across the country.

"These markets will likely feel the pinch from modestly higher interest rates over the next two years more so than others," TD economist Diana Petramala wrote in the report.

She noted that Montreal, Quebec City and Ottawa have been flooded with an overhang of inventory of unsold condos.

"Home prices have weakened in the second half of 2013 as a result and we expect that

Bubble set to burst?

The Canadian Real Estate Association reported sales through its multiple listings service totalled 457,893 homes for 2013, up eight-tenths of a per cent from 2012.

- The national average price for homes sold in December was \$389,119, up 10.4 per cent from the end of 2012. Excluding Greater Vancouver and the Toronto region, the year-over-year increase was 4.6 per cent.

softness to persist in 2014," Petramala said.

THE CANADIAN PRESS



Facebook CEO Mark Zuckerberg is seen at Facebook headquarters in Menlo Park, Calif., last April. JUSTIN SULLIVAN/GETTY IMAGES FILE

Growing pains as Facebook hits 10

An awkward phase.

As the social media site enters its tweens, it aims to be effortlessly hip as whippersnappers like Snapchat bite at its heels

Staying on trend

"Facebook is under massive pressure to keep changing and I expect to see a vast new ecosystem of standalone apps for different purposes."

Matthew Rhodes, digital-strategy consultant



KIERON MONKS
Metro World News in London

When a 2013 academic paper suggested Facebook could

swiftly go the way of MySpace, the social media giant was able to laugh off the claims, showing that its client base was growing while the university in question was sliding.

Marking 10 years today Mark Zuckerberg's baby has

reasons to celebrate. Over one billion of us now hold accounts, with a steady increase in monthly users in every region of the world. Stock value has soared past \$150 billion after a disastrous initial flotation.

Yet there are growing threats to the global leader.

Facebook's recent output — including recent apps such as Paper, which makes reading easier and integrates with Instagram, and Messenger, a no-frills riff on Snapchat — shows the company is aware its crown is slipping in a white-hot competitive market.

Teenage users are down 25 per cent in the last three years, and the company's own research highlighted "decrease in daily users, specifically among teens" as a leading concern.

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Very own KITT car

Knight Rider 2017? U.S. may mandate 'talking' cars

Your car might see a deadly crash coming even if you don't, the U.S. government says, so officials are moving to require automakers to equip new vehicles with technology that lets them warn each other when they're plunging toward peril. THE ASSOCIATED PRESS

107-member team

French business delegation aims to renew ties in Iran

A large French business delegation arrived in Iran on Monday hoping to revive economic ties amid the easing of Western sanctions following a landmark agreement over Tehran's disputed nuclear program.

THE ASSOCIATED PRESS

IMF report

Tories can loosen grip on budget

The federal government can loosen its efforts to balance the budget by 2015 in the event of an economic downturn, the International Monetary Fund said.

"Fiscal policy should strike the right balance between supporting growth and rebuilding fiscal buffers," said the fund's report.

THE CANADIAN PRESS

Market Minute



DOLLAR
90.11¢
(+0.33¢)

TSX
13,486.20 (-208.74)

OIL
\$96.43 US (-\$1.06)

GOLD
\$1,259.90 US (+\$20.10)

Natural gas: \$4.96 US (+\$0.11)
Dow Jones: 15,372.80 (-326.05)

PUTTING SEXY BACK IN SEXAGENARIAN

I've always hated the phrase "a woman of a certain age." It implies that once a woman has reached a point in her life when she is no longer considered youthful, her exact age is simply unspeakable.

Many of my friends are turning 30 this year (although some prefer to think of it as the first anniversary of their 29th birthday) and while I still have awhile to go before hit that milestone, I've already started noticing some of the inevitable signs of aging. At my mother's insistence, I recently began a nightly ritual involving anti-aging creams infused with retinol and other gravity-defying serums that I'm convinced have a bigger impact on my bank account than my face.

In honour of her 60th birthday, Christie Brinkley appeared on the cover of this week's People magazine looking absolutely flawless—albeit a bit unnaturally smooth—clad in a bold one-piece bathing suit.



SHE SAYS
Jessica Napier
metronews.ca

Part of me wants to believe that there is an aging portrait of Brinkley rotting away in an attic somewhere, but the blond bombshell insists that her mostly vegan lifestyle and a "joie de vivre" are what keep her looking like a fresh-faced supermodel. Plus her rigorous exercise routine, monthly facials, numerous hair extensions and, of course, a little help from Adobe Photoshop.

Brinkley isn't the only sexagenarian baring her body in the news this week. American Apparel—a clothing retailer renowned for their envelope-pushing campaigns featuring lithe bodies in leotards—recently revealed a new lingerie ad featuring 62-year-old model Jacky O'Shaughnessy. Unlike Brinkley's magazine cover, this image shows a woman with grey hair, lines on her face and folds in her stomach, and she still looks like a total babe. O'Shaughnessy probably has incredible genetics on her side and—if I had to guess—a lifetime dedication to sunscreen, but looking at

these striking images of a silver-haired beauty in lace underwear and bright red lipstick gives me hope for the future.

It's refreshing to see women like O'Shaughnessy in the media embracing their age rather than desperately trying to reconstruct their face into some unrecognizable Botox-filled version of their former selves. The older women in my life are some of the most beautiful people I know. Not because they are trying to look younger and deny their true age, but because they take pride in their appearance. When my great aunt passed away last year I can remember admiring how elegant she looked in the hospital bed dressed in her finest pearls, nails polished and her hair immaculately coiffed.

Aging can be a difficult process to come to terms with, but I would rather be who I am now than turn back the clock 10 years. I'll accept that teenage pimples give way to adult wrinkles and feel fortunate that I have such great memories behind each and every laugh line.

Follow Jessica Napier on Twitter @MetroSheSays



ZOOM

Brazil's dark cloud makes waves



NASA

Microscopic life

An ominous-looking dark blotch has been spotted stretching 800 km along Brazil's Atlantic coast.

The black formation, pictured by Aqua, a NASA satellite that monitors Earth's water cycle, is actually a bloom made up of microscopic animals known as *Myrionecta rubra*. Viewed close up, the bloom is red, but a distortion of light on the water means it looks black from orbit. **METRO**

What is marine bloom?

- **Definition.** Fast accumulation in the population of algae in water.
- **Concentration.** Up to millions of cells per millilitre.
- **Cause.** Result of an excess of nutrients into waters. Higher concentrations of these nutrients lead to increased growth of algae and green plants.

Microorganisms steal from algae

Living a metre below the water surface, *Myrionecta rubra* are dubbed the thieves of the microbial world: Using a "straw," these fast-swimming unicellular organisms suck out chlorophyll from other algae, and then use the pigment for photosynthesis in order to obtain energy. However, *Myrionecta rubra* are not known to be toxic to other marine life or humans. **METRO**

Risk factor

Certain algal blooms can threaten other aquatic organisms and the safety of human drinking water. Blooms can cause damage by blocking sunlight and depleting oxygen required by other aquatic organisms, as well as produce potent toxins that can cause adverse health effects to wildlife and humans.

METRO

Clickbait

DYLAN ROBERTSON
For Metro online

Planning your next vacation to a foreign land? These audio-translation apps may come in handy. Use your phone to order a beer, speak with cab drivers and even find sunscreen. Instant translation is literally in the palm of your hand.

Vocre:

Speak or type into your phone and have your phrases voiced out in 66 dialects. This app recognizes Canadian accents and slang, and can say your "bon mots" in both France French and Quebec French. You can also have a slightly delayed conversation with this app. \$4.99 for iOS, \$1.02 for Android.

Google Translate:

This app lets you translate text instantly between 80 languages. You can also draw words in foreign scripts, like Cyrillic or Chinese, and have the text typed out. Free for iOS and Android.



Twitter

A man says he left Mexico this past December for a day of shark fishing and ended up spending 13 months surviving on fish, birds and turtles before washing ashore on the Marshall Islands thousands of kilometres away. How would you survive on the seas?

@MeToddScott: in the Pacific there are tonnes of plastic. They create mini reefs for fish. A net fragment and I'm in business.

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lished right here.

Comments

RE: Video: Light humour, emotional ads rule Super Bowl, published online Monday, Feb. 3, 2014

Not a single one of these commercials made it to our TV. There was a Bell ad, several Rogers ads, and a bunch of 1-4 year old commercials such as the Mountain Dew one where the guy's spine should be crushed from the head-first collision.

ijdfc, posted to metronews.ca

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DVD review



Dallas Buyers Club

Director. Jean-Marc Vallée

Stars. Matthew McConaughey, Jennifer Garner, Jared Leto

Matthew McConaughey becomes a hero to the afflicted and a villain to outraged authorities in this fact-based 1980s story of a Texas rodeo cowboy who refuses to go quietly after HIV cuts him low. McConaughey lost some 40 pounds for the role of redeemable rogue Ron Woodroof, playing him with a faultless blend of vinegar and honey. Jared Leto is the other hero of this David versus Goliath drama, directed by Quebec's Jean-Marc Vallée. McConaughey and Leto have both been nominated for Oscars, deservedly so, at the March 2 Academy Awards.

PETER HOWELL

Investigation

Stamped drug bags found at Hoffman's house

A law enforcement official says tests have confirmed there was heroin in at least some of the dozens of plastic packets in a New York City apartment where Philip Seymour Hoffman was found dead.

Officials are working to determine whether the drug was mixed or tainted with anything else. An autopsy was being conducted Monday. Police have been investigating Hoffman's death as an apparent overdose. Law enforcement officials said he was found with a needle in his arm.

Two officials said Monday that at least four dozen small packets were found in the apartment. Some of the one-dose packets were stamped with the ace of hearts symbol, and others with the words "Ace of Spades" and that symbol, another law enforcement official said.

Stamps are common as a form of drug-world branding.

THE ASSOCIATED PRESS

Hoffman's Hunger Games role to remain untouched

'Devastating loss.'

Actor's castmates and co-workers mourn loss, but Hoffman's role in his final films will remain intact save for a small rewrite



RICHARD CROUSE
scene@metronews.ca

The news of Philip Seymour Hoffman's sudden passing was met with a heartfelt outpouring of grief from fans and those who worked with him.

"Philip Seymour Hoffman was a singular talent and one of the most gifted actors of our generation," Lionsgate, the studio behind the upcoming Hunger Games: Mockingjay Part 1 and 2, said in a written statement. "We're very fortunate that he graced our Hunger Games family. Losing him in his prime is a tragedy, and we send our deepest condolences to Philip's family."

Hoffman played head-games-maker-turned-rebel leader Plutarch Heavensbee in the successful series. It is a pivotal role.

In the wake of the actor's death, questions arose as to whether the uncompleted blockbusters-in-waiting would be completed in time for their scheduled November 21, 2014 for Part 1 and November 20, 2015 for Part 2 release dates.

Hollywood studios have handled the sudden death of cast members in many different ways. In some cases, films are even abandoned.

Production on Something's Got to Give was shut down permanently after Marilyn Monroe's August 1962 barbiturate overdose.

Dark Blood, River Phoenix's final film, was put into cold storage when the young actor died before filming several crucial scenes. But both movies were eventually resurrected. The documentary Marilyn: The Final Days used footage from Monroe's aborted film while Dark Blood sat for 19 years before being finished and shown at film festivals.

Father and son Bruce and Brandon Lee both died early, leaving behind unfinished



Philip Seymour Hoffman played Plutarch Heavensbee in *Catching Fire* and the upcoming *Mockingjay Part 1* and *2*.

CONTRIBUTED

films. The elder martial arts legend had completed 100 minutes of *The Game of Death* when a cerebral edema took his life.

Even more tragically, Brandon was killed on the set of *The Crow* in an accident involving a prop handgun.

Both films were salvaged with the use of stand-ins.

When Oliver Reed collapsed of a heart attack at a Malta pub after out-drinking a group of Royal Navy sailors, the editing crew of *Gladiator* replaced him digitally in the remaining scenes of the film.

More recently, Heath Ledger unexpectedly died during the production of *The Imaginarium of Dr. Parnassus*. He was replaced in the surreal story by three actors.

"I just started calling friends of Heath," director Terry Gilliam said. "It's as simple as that."

"Johnny (Depp), Colin (Farrell) and Jude (Law) turned up. It was important that they were friends, because I wanted to keep it in the family. I wanted people who were close to him because, as Colin said when he was doing his part, he was channeling Heath part of the time,

so Heath was very much still alive in some sense.

"Contractually, it was supposed to be a Terry Gilliam Film," said Gilliam. "That's what the lawyers said, but I said, 'No way it's going to be that. It's going to be a film from Heath Ledger and friends.' The cast sat around one night and that idea came up and I said, 'This is it. Perfect. That's how we do it.'"

As for the upcoming Hunger Games films, reports now confirm that Hoffman completed work on Part 1 and had just seven days left of shooting on Part 2.

His absence will not require any recasting, just a rewrite of one scene. And so *Mockingjay Part 2* becomes the final film in Hoffman's remarkable career.

"Words cannot convey the devastating loss we are all feeling right now. Philip was a wonderful person and an exceptional talent, and our hearts are breaking," reads a statement released by The Hunger Games author Suzanne Collins, the films' director Francis Lawrence, producers Nina Jacobson and Jon Kilik and star Jennifer Lawrence.

Honouring Hoffman

Broadway theatres in New York City will dim their marquee lights Wednesday night in memory of Philip Seymour Hoffman, the movie and theatre star who earned three Tony Award nominations. The Broadway League said Monday the lights will be dimmed for one minute starting at 7:45 p.m. Eastern time. Hoffman made his Broadway debut in Sam Shepard's *True West* with John C. Reilly in 2000 and followed it up three years later with Eugene O'Neill's *Long Day's Journey Into Night* with Brian Dennehy and Vanessa Redgrave. In 2012, he played a powerful Willy Loman in *Death of a Salesman* by Arthur Miller under the direction of Mike Nichols. Each time he earned a Tony nod. He also was a longtime supporter of the off-Broadway Labyrinth Theatre Company, where he served as co-artistic director.

THE ASSOCIATED PRESS

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Tori Spelling and Dean McDermott ALL PHOTOS GETTY IMAGES

Top Chef Canada adds dash of Dean and teaspoon of Tori to its panel

Reality TV duo Tori Spelling and Dean McDermott will guest judge on the next season of Top Chef Canada.

Food Network Canada says Toronto Raptors forward Amir Johnson and star chefs Chuck Hughes, Lynn Crawford and Susur Lee are among the other guest judges for the season.

Seven men and seven women will compete on the new season, which premieres March 10 (at 9 p.m. ET/10 p.m. PT).

Food Network says it's the "most extreme season" of the series, in which chefs from

across the country battle for the title and prizes, including \$100,000.

Actress Lisa Ray returns to host and critique dishes alongside head judge Mark McEwan and restaurateur Shereen Arazm.

Last month, McDermott's publicist confirmed that the Toronto-born actor and Chopped Canada host had entered rehab for "some health and personal issues."

McDermott and Spelling married in 2006 and have four children.

THE CANADIAN PRESS



Justin Bieber

Strippers, Biebs and videotape: But will anyone want to watch?

Justin Bieber has racked up another piece for his commanding game of Career Tailspin Bingo, thanks to an illicit videotape being shopped around to media outlets which reportedly shows the troubled pop star cavorting with strippers in Australia, according to Radar Online. The tape, which was apparently recorded in Nov-

ember, shows Bieber romping "with two strippers, during which he spansks their bum and pulls off their panties with his teeth," according to a source who claims to have seen the tape, which was reportedly sourced from the strip club's in-house security setup. The anonymous seller is understandably demanding a fortune.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Think Miley's act is offensive? She doesn't give a Cyrus

MELINDA TAUB
Metro World News

Miley Cyrus could either be the next Madonna or the next Howard Hughes. The next Michael Jackson or the next, well, Michael Jackson. In other words, she could be an enduring superstar or completely flame out, and a new profile by Ronan Farrow (who knows a few things about growing up in a celebrity bubble) in W makes both possibilities seem equally likely.

Among the details we learn about Miley: She apparently hates to leave her house, doesn't listen to people unless they're talking about music, and relates strongly to Blanche Dubois, the mentally frail heroine of A Streetcar Named Desire.

Some of the things Miley doesn't like to listen to are the accusations that her act, which frequently in-

volves spanking and groping women of colour and little people, is offensive. "I don't give a s—," she says. "I'm not Disney, where they have, like, an Asian girl, a black girl, and a white girl, to be politically correct, and, like, everyone has bright-coloured T-shirts. You know, it's like, I'm not making any kind of statement. Anyone that hates on you is always below you, because they're just jealous of what you have."

Probably it's not a great idea to respond to accusations of racism with, "You're below me." That could be misconstrued. Or correctly construed.

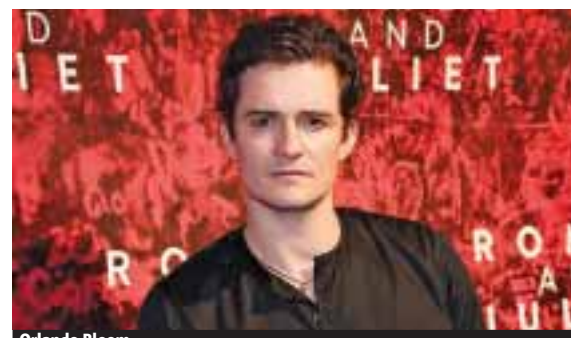
Miley's own cast, though, also spoke out in her defense.

"I say, 'Bah, humbug' to that," African American backup dancer Amazon Ashley says to critics.

"Miley treats me with the utmost respect. Twerking is my act. It's what I enjoy; it's who I am."

Little person Brittney Guzman agrees. "When she grabs my boobs, we're just having fun," she says. "It's not degrading."

"We're just having fun" has never sounded so creepy.



Orlando Bloom

Is a new romance in full Bloom for Orlando?

While Orlando Bloom has been enjoying possibly the most amicable divorce in Hollywood history with his split from Miranda Kerr, he also appears to finally be entertaining new prospects again. Bloom was spotted recently at L.A. bar the Roger Room with French actress Nora Arnezeder, and though he was on his best

behaviour sources could tell something was up, according to People magazine. "Orlando was there just with a girl and not in a group," a source says. "He knew that there were paparazzi outside so he was being very careful about his behaviour with her." The pair later shared a ride home on his motorcycle.



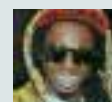
John Mayer

Recovering tweetaholic Mayer has fallen off the webbed wagon

Look out, Twitter. John Mayer is back on the scene. After making a big deal of quitting the social media forum back in 2010, Mayer logged back on over the weekend with a cheerful, "I'm back. What'd I miss?" His return might have something to do with the fact that his girlfriend, Katy Perry, is the most popular person on Twitter. Or maybe he's gotten over his Twitter-induced writer's block. In 2011, Mayer explained

why he had to quit Twitter: "I realized about a year ago that I couldn't have a complete thought anymore, and I was a tweetaholic," he said. "I had four million Twitter followers, and I was always writing on it. And I stopped using Twitter as an outlet and I started using Twitter as the instrument to riff on, and it started to make my mind smaller and smaller and smaller. And I couldn't write a song."

Twitter



@LilTunechi

Girl ya know I luv ya and I care 4 ya I got sum new shoes and a bag of hair 4 ya



@WhitneyCummings

Stop saying some random dumb thing is "everything" because then I have to sit there and exert all this energy trying not to roll my eyes



@JuddApatow

Whenever they show a hairy man's back on a commercial as a punch line I feel sad because I am always hairier than them.

Don't let your 2014 resolutions fizzle out

One month in.

Whether it's working out or breaking a habit, there are ways to get back on track

MELISSA DUNNE
life@metronews.ca

Mark Twain saw the glass as half empty in terms of New Year's resolutions. In January 1863, he wrote "Now is the accepted time to make your regular annual good resolutions. Next week you can begin paving hell with them as usual."

It turns out the great American writer wasn't far off the mark. Research by John Norcross, a professor of psychology at the University of Scranton, found 29 per cent of resolvers had already failed 14 days in and by February that number jumps to 36 per cent.

Mere hours into Jan. 1, I was guzzling Diet Coke straight from a bottle left over from a holiday party, though giving up the stuff was my resolution.

Like many Canadians, my



You are likely to slip but dust yourself off and try again. ISTOCK

desire to stick to my New Year's resolution quickly fizzled.

The first mistake I made in January was failing to modify my environment, says Nor-

cross. Having soda in the house was akin to walking outside in six-inch heels after a polar vortex and expecting not to slip.

On Jan. 2, I should have poured the pop down the drain, not down my throat. But my will to try went flat and I was back to drinking about two litres of caramel-coloured, aspartame-spiked, carbonated syrup per day.

This was another classic resolver mistake.

"A little slip is not a total fall," said Norcross, a man who has literally written the book on making changes stick.

You will slip. The trick is to dust yourself off and try again, not lie on the ground surrounded by empty pop

bottles. Norcross points out a study that showed 71 per cent of eventually successful resolvers said their first slip actually strengthened their resolve.

On Jan. 9, I resolved to white-knuckle my bête-noire anew, determined not to turn red from the embarrassment of failing this time.

So far, I have crushed my habit like those thin aluminum cans that used to fill my recycling bin. While Norcross' research shows by Canada Day 56 per cent of resolvers have given up, that means 44 per cent are still bubbling with optimism.

Twain be damned, in 2014 I'm going to see my glass as half full of soda ... water, thank you very much.

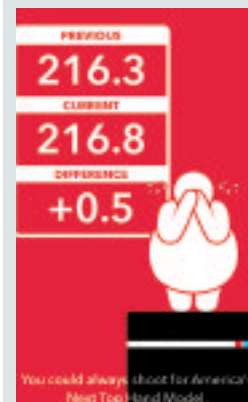
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Carrot Fit (iPad, \$1.99)



MIND THE APP
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A vengeful, talking computer monitors your weight loss in this darkly comedic fitness parody. Each day you type in your weight, Carrot reacts with outlandish insults and playful effects. Hilarious.



Half-Off

Elisha is now four weeks into her plan to lose 10 pounds in six weeks. But she's at an all-inclusive resort in Mexico on an emergency winter vacation. Will the all-day buffet and open bar do her in? Visit metronews.ca/voices/half-off to find out.



Get back on track

Have you already given up on your resolution for 2014? Get back on track with some tips from John Norcross, the author of *Changeology*.

- **Haters to the left.** Surround yourself with family and friends who support you and your goal.
- **Learn from the past.** Under-

stand why you slipped and recommit.

- **Bribe yourself.** If at the end of every week you have stayed the course, reward yourself with anything from a pedicure to concert tickets.
- **Keep track.** Seeing your progress in black and white will keep you motivated.

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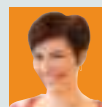
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3 TIPS

What's crunchy, healthy and goes on everything from pizza to pasta?

Health Solutions

Brain food and then some



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

You've seen the chain email that shows walnuts were created in the shape of your brain because they are brain food. And that carrots when cut into rounds look like eyes and are coincidentally good for eyes.

Google it! Kind of cool little quirky facts to kick around.

But the truth is, walnuts are good for lots more than just brains. They are also good for making ho-hum sandwiches, omelets, pastas and salads turn into amazing meals!

- Walnuts have been shown to reduce inflammation overall due to their good fat content.

- They contain high amounts of Omega 3, which has been shown to reduce the incidence of Alzheimer's, depression and ADHD, among other things.

- Walnuts are one of

the highest anti-oxidant nuts.

- Consumption of them has been linked to reduced risk of diabetes.

- One study says that they can reduce the stress related to high blood pressure.

Creative ways to use walnuts

- Toss whole and raw into salads.

- Toast and use in place of croutons in soup.

- Grind and add to pastry dough or shortbread.

- Puree into hummus.

- Use as a base for blue cheese appetizers.

- Make a gremolata and use everywhere.

Walnuts pair well in both sweet and savoury applications, plus their crunch and nutrients are good for your brain ('cause that's the way they are shaped — ha!).

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



Gremolata is just one of the creative ways in which you can use walnuts. COURTESY THERESA ALBERT

THERESA ALBERT
myfriendinfood.com

If you go too far and end up pureeing the nuts in the blender, add some Parmesan cheese and call it a pesto.

A quick pulse is really all you need to chop the nuts and keep them whole to make this topping known as Gremolata.

Traditionally, lemon zest is the key ingredient and the

others, as well as their proportions, are as flexible as your imagination.

Once made, this keeps in the fridge for a couple of weeks and jazzes up every salad, sandwich, pasta, dip, flatbread, pizza... You get the idea: use it to death!

1. Add all ingredients to a blender or mini-chopper and pulse until coarsely chopped. Store in fridge in a covered jar

FLASH FOOD



From your fridge to your table in 30 minutes or less

for up to 2 weeks. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**

Ingredients

- 1/2 cup flat leaf parsley (ensure it is rinsed and dried very well)
- 1/2 cup walnuts (toasted lightly in a dry pan)
- 1 clove garlic (minced)
- 1 tsp lemon zest
- Pinch of coarse salt
- 2-3 tbsp extra virgin olive oil

Warm up with Arugula and Spinach Salad



ROSE REISMAN
For more, visit
rosereisman.com or
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@rosereisman

With warm mushrooms and melting cheese, this salad makes for the perfect winter dish.

Use any variety of mushrooms you like. The key is to cook the mushrooms on a medium-high heat until all the moisture evaporates.

You can sauté the mush-

rooms and mix the dressing up to a day in advance. If you do, dress just before serving.

1. Lightly coat a nonstick skillet with cooking spray and sauté the mushrooms over medium heat for about 8 minutes, or just until they are no longer wet and are slightly browned. Respray pan or add 2 tbsp (30 ml) water if mushrooms begin to burn. Keep warm.

2. Dressing: Whisk together the olive oil, balsamic vinegar,

mayonnaise, honey, garlic, mustard, and salt and pepper.

3. Place the spinach, arugula,

Ingredients

Salad

- 3 cups mushrooms, halved
- 4 cups baby spinach
- 4 cups arugula
- 1/2 cup grated Parmesan

Dressing

- 2 tbsp olive oil
- 1 tbsp balsamic vinegar
- 1 tbsp reduced-fat mayonnaise
- 2 tsp honey
- 1/2 tsp finely chopped garlic
- 1/2 tsp Dijon mustard
- pinch of salt and pepper



This recipe serves four. ROSE REISMAN

Super Bowl bets

Bookies boast record profits

Gamblers wagered a record \$119.4 million at Nevada casinos on the Super Bowl, allowing sportsbooks to reap an unprecedented profit as the betting public lost out in Seattle's rout of the Peyton Manning-led Denver Broncos.

Unaudited tallies showed sportsbooks made an unprecedented profit of \$19.7 million on the action, the Gaming Control Board announced Monday. That's millions more than the past three Super Bowl wins combined.

The Denver Broncos were a 2.5-point favourite, but the Seattle Seahawks took the championship 43-8. Oddsmakers said Peyton Manning fans drove the unprecedented handle.

THE ASSOCIATED PRESS

Super Bowl bust

Business owner out \$7 million

Seattle's victory in the Super Bowl has cost Houston furniture store mogul Jim McIngvale some \$7 million.

McIngvale is the owner of one of the nation's largest independent furniture stores, Gallery Furniture. He promised customers who spent at least \$6,000 in the past two weeks and took delivery before Sunday's game that he'd refund their purchase cost if Seattle won.

McIngvale said Monday his accountant is "pulling his hair out." He says he didn't do well financially, but did build his brand. He says the promotion was not covered by insurance.

THE ASSOCIATED PRESS



Kim Little of Great Britain battles with Desiree Scott of Canada during the quarter-finals at the 2012 Olympic Games on August 3, 2012. Scott, a Winnipeg native, is thrilled about a faceoff with the U.S. in her hometown on May 8. JULIAN FINNEY/GETTY IMAGES

Canada to get another shot at American rivals

Women's soccer.

Winnipeg native Scott 'beyond excited' to play U.S. in hometown

The Canadian women's soccer team will get another chance this year to try and beat the United States when the rivals meet May 8 in Winnipeg.

Canadian midfielder and Winnipeg native Desiree Scott is thrilled the team will play in her hometown for the first time since 1990.

"I'm beyond excited," she

said. "I've been waiting for this day to come."

Canada lost to the No. 1-ranked Americans 1-0 in Texas on Friday and hasn't managed to beat them since 2001.

"Obviously we didn't play our best match but we had our opportunities in that game and I think we're inching ... closer to the Americans," said Scott, a member of the 2012 bronze-medal Olympic team.

Winnipeg has already been named as one of the six host cities for FIFA Women's World Cup in 2015, but fans in the Manitoba capital won't see the

home squad in that competition.

Canadian head coach John Herdman was also on hand for Monday's announcement and said the team has been in a talent development and refocusing phase since the Olympics that is starting to show results.

"Last year was a huge learning curve for the team and we did all right but this year's about stepping forward and I hope when we play the big teams we can get a (win) and that should put us in a good place heading into 2015," he said.

THE CANADIAN PRESS

Cashing in

A new study predicts women's World Cup soccer events this year and next in Canada will create about \$337 million in overall economic activity.

- Six provinces will get a share, ranging from a high of \$80 million in Alberta to a low of about \$26 million in Manitoba. Tournament games will also be played in Ontario, Quebec, B.C., and New Brunswick.

4 SPORTS

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'The pressure's clearly on them'

Hockey. Great things expected from Ovechkin and Malkin's Russians as they enter Sochi as 'centrepiece' of Games

Friends and family have been calling Alex Ovechkin and Evgeni Malkin for months, asking about Olympic tickets and wanting to know who was going to be on the Russian team.

"I field questions about Sochi always," Malkin said. "I feel right now it's pressure for the team, for me. It's everyone."

The Sochi Olympics are a showcase of a generation for Russia and Prime Minister Vladimir Putin, and with that comes the pressure of a lifetime for those taking part in the event the country believes it must win.

"I don't think about it because I don't want to take pressure right now on me," Ovechkin said last month. "But it's kind of hard to do. Every time when I go to the news and on the Internet, I just see about the Olympic Games."

From a hockey standpoint, that means attention on Ovechkin, Malkin, captain Pavel Datsyuk and NHL-star-turned-KHL-

Parallels of pressure



"We can relate, for sure. It wasn't that long ago, and we all know how proud of a hockey nation Russia is, too."

Sidney Crosby acknowledges the parallels between his gold-medal-winning Canadian team from four years ago and the 2014 Russians.

suk and NHL-star-turned-KHL-hero Ilya Kovalchuk, and the expectation of gold on Feb. 23 at Bolshoy Ice Dome. Anything less isn't an option the Russians want to consider.

It's similar to what Canada went through in Vancouver in 2010 with a need to show dominance in a national sport. Given that Russia hasn't won gold since 1992, when it played as the Unified Team, there's even more anxiety.

"I think that always goes with the territory," U.S. general manager David Poile said. "It's probably even more so because starting from the top with Putin, he's wanted these Olympics; the centrepiece is the hockey. The whole Sochi is sort



Russians Sergei Gonchar, left, Alex Ovechkin and Ilya Kovalchuk were skated out of the rink 7-3 by Team Canada at the 2010 Winter Olympics in Vancouver. The home team should have ample inspiration to get revenge as their quest for gold gets underway on Feb. 13 against Slovakia. BRUCE BENNETT/GETTY IMAGES

of a man-made area, if you will, just for the Olympics.

"They're putting literally billions of dollars into this, and there's no question that the hockey is the centrepiece of the Olympics. The pressure's clearly on them. We're going to see

the best of the Russians, that's for sure."

Canada proved four years ago that pressure isn't prohibitive to winning; that being at home can be an incentive.

With the whole world watching them in their coun-

try, the Russians hope they, too, can capitalize on the home-ice advantage. And Ovechkin believes that mentality is his team's biggest strength.

"(The) most important thing is (it's) us against the whole world," said Ovechkin, who

dreamed as a child of representing Russia in a home Olympics. "I don't think somebody is going to be there ... to be just in the Olympic Games. Our mission is try to win the gold medal and play our best hockey."

THE CANADIAN PRESS

Thomsen at his best when he's tuned out



Invermere, B.C.'s Ben Thomsen is confident heading into the Olympics after a second-place finish in Sochi during the 2012 season. JEFF MCINTOSH/THE CANADIAN PRESS

The biggest moment of Ben Thomsen's racing career came two years ago in Sochi.

After a tough start to this season, the Canadian alpine skier is hoping to find some of that magic on the same Russian mountain at the Olympics.

Thomsen finished a surprising second at a World Cup downhill event back in February 2012, a result the 22-year-old believes will give him an edge at the Games.

"I'm definitely confident going back there. It was a huge part of my life and changed my life drastically," Thomsen said.

Ski patrollers packing heat

"Georgia is on the back side of the ski hill and getting off gondola stations, you've got five armed guards ... it's a bit nerve-racking and unwelcoming when you're from a place like Canada."

Ben Thomsen, on security during his 2012 World Cup second-place finish in Sochi.

"It will be interesting to see what kind of feelings and emo-

tions come up when I get there."

The Invermere, B.C., native has had a mixed bag of results during his career, threatening the podium at some events while struggling badly at others. Thomsen's recipe for success seems to be simple — don't overthink it.

"As I look back on my career, the times that I've done really well is when I don't really know what I'm about to face and I'm just going into it full bore," he said. "If I know a situation might be a little tricky I might kind of back off the throttle a little bit."

THE CANADIAN PRESS

Austrian pastime

After missing the first three Winter Games, Alpine skiing joined the program in 1936. Ten gold medals will be awarded in Sochi in men's and women's downhill, slalom, giant slalom, super-G and super combined.

Did you know?

105

Austria has won a record 105 Alpine skiing medals at the Olympics, nearly twice as many as any other country. Switzerland ranks second with 56.

Who'll lead Austrians?

Raich won't be on hand for opening

Austria is in need of a new flag-bearer for Friday's opening ceremony at the Winter Olympics as Alpine skier Benjamin Raich has delayed his trip to Sochi.

Raich will skip the Feb. 14 super-combine due to back problems.

THE ASSOCIATED PRESS

Hockey

Swedes select Nyquist to replace Franzen

Sweden's Olympic hockey team has replaced an injured Detroit Red Wings forward with a healthy one. Gustav Nyquist was given a spot on the roster on Monday to replace Johan Franzen. THE ASSOCIATED PRESS

Cross-country skiing

Tough decisions ahead in Norway

Norway's unrivaled depth in cross-country skiing is causing the team some problems ahead of the Sochi Olympics.

With a handful of medal contenders in nearly every event, the Norwegians face the prospect of having to drop either a double Olympic champion or a former world

champion from the men's individual sprint race.

Each team can enter four skiers, and Norway's coaches have already promised spots to three athletes. The fourth was set to go to Petter Northug, the team's big star who has struggled with illness this season.

But that would mean leaving out former sprint world champion Ola Vigen Hattestad in the fourth spot.

THE ASSOCIATED PRESS



Two-time Olympic gold medallist Petter Northug. GETTY IMAGES FILE

Horoscopes

Aries

March 21 - April 20

You are in a domineering mood at the moment and won't hesitate to tell others how to do things. But anyone who tries to tell you will most likely wish they had kept quiet.

Taurus

April 21 - May 21

You may find it hard to believe what you hear today but don't reject it out of hand because it may be true. Reserve judgment until later in the week when there are more facts available.

Gemini

May 22 - June 21

Information will come your way today that enables you to put one over on a rival. All is fair in love and war so don't hesitate to use what you learn for your own benefit.

Cancer

June 22 - July 23

It is important over the next 24 hours that you know when to speak up and when to stay silent. Important people will be either impressed or annoyed by what you have to say, so make sure you say the right thing.

Leo

July 24 - Aug. 23

It might be tempting to work even harder and faster but you will accomplish more in the long-term if you start slowly and think about what you are doing.

Virgo

Aug. 24 - Sept. 23

You may want to push ahead with a project that is close to your heart but according to the planets a colleague is having doubts and you must deal with those doubts first if you want to make progress.

Libra

Sept. 24 - Oct. 23

Anyone who thinks you are not ambitious will get a shock today as you push yourself harder than ever. But while it is okay to be hard on yourself it is not okay to be hard on friends and loved ones.

Scorpio

Oct. 24 - Nov. 22

You need to ask the right questions today and to do so you need to see your life for what it is, not what you wish it might be. Be completely honest with yourself.

Sagittarius

Nov. 23 - Dec. 21

According to the planets someone you work with is not being entirely straight with you. Before you go any further together in what you are working on demand to know where they are coming from.

Capricorn

Dec. 22 - Jan. 20

Someone whose point of view is very different to your own will say something that you cannot let pass and most likely you will end up having a major argument. But that's OK. It's wrong to remain silent.

Aquarius

Jan. 21 - Feb. 19

If you put your mind to it today you can change something about yourself that you have disliked for a very long time. How will you do that? By replacing a bad habit with a good habit.

Pisces

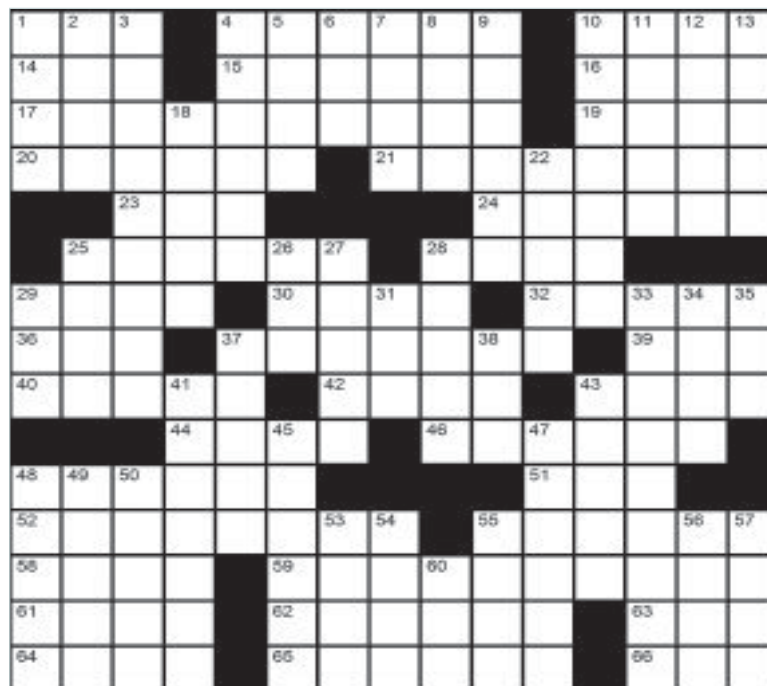
Feb. 20 - March 20

You are so self-confident at the moment that you can't see the obstacle that is ahead of you. You will see it soon, in the meantime, ignorance is bliss!. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Troublesome-ly tote
4. Biggest thing since the Cronut
10. Shania Twain trophy, e.g.
14. Montevideo is its cap.
15. Sarajevo's locale
16. Bitterly bellyache
17. Science Centre in Calgary: 2 wds.
19. Comic strip, ___ and Janis
20. Ms. Berry's
21. 1985 Michael J. Fox movie: 2 wds.
23. Frigid
24. Way to move a wheel: 2 wds.
25. Skincare brand
28. Vacationing spot
29. Computer company
30. Cart-pullers
32. Welsh poet Mr. Thomas
36. Clash
37. Secret
39. Wonderment
40. Certain carpeting
42. ___ counter
43. Determine
44. Wedding gown trim
46. Studies
48. Dormant volcano in northwestern BC, Mount ___
51. Peace sign's spelled-out shape
52. Guy friendship,



- often on reality TV
55. Mr. Whibley, Sum 41 frontman
58. South Dakota dam
59. Carly Rae Jepsen's new title role on Broadway
61. Sultanate of ___
62. Haunted house hangouts

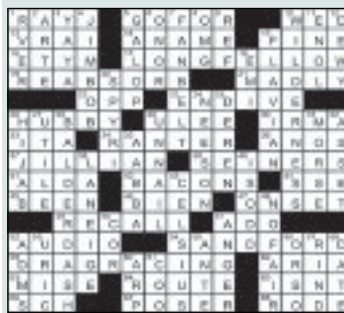
63. Turnaround, slangily
64. German philosopher, Immanuel ___ (b.1724 - d.1804)
65. Scotland's Loch creature, affectionately
66. Bruce Cockburn's "___ Tree Falls"

Down

1. Particular Protestant, puny-ly
2. Fertilizer ingredient
3. Jonathan Swift classic, ___ Travels
4. Particular TV network symbol: 2 wds.
5. Antarctica: ___ Ice Shelf
6. Slitherer
7. It's a bug
8. Limerick's land
9. California competition for the Raptors
10. The ___ Family on PBS' "Downton Abbey"
11. "The Brady Bunch" mom
12. "Girl You Know It's True" duo half

13. High up
18. Stress side effect, some say
22. Expressionist painter, Emil ___ (b.1867 - d.1956)
25. Health food berry
26. ___ 'easter
27. Rusty stuff, Iron ___
28. Collectively: 2 wds.
29. Canadian actress Ms. Cook, et al.
31. Twilight
33. CTV's "The Social" co-host: 2 wds.
34. Grass appendages
35. '90s sitcom, "___ and Stacey"
37. Shopping spot
38. 5-5, in sports
41. Nourishment
43. Soeur's sibling
45. High-kicking performance
47. Very much opposed to
48. Novel with no paper pages
49. Television genre
50. Title comedy role for Adam Sandler
53. Quote
54. Tree-like Tolkien creatures
55. Metric system prefix meaning 'one-tenth'
56. Treble ___
57. Bob Marley & The Wailers album
60. Insult, in slang

Yesterday's Crossword

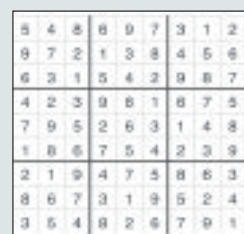


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: -20°
MIN: -26°

WEDNESDAY



MAX: -20°
MIN: -22°

THURSDAY



MAX: -15°
MIN: -23°



JENNA KHAN WEATHER SPECIALIST

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Open House

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➔ **Tuesday, February 18, 2014**

12pm - 3pm | 5pm - 8pm **Notre Dame Campus**

Wednesday, February 19, 2014

9am - 2pm **Notre Dame Campus**

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- Learn about RRC programs and campus life
- Explore residence options
- Meet with instructors
- Speak with Academic Advisors and career counsellors
- Visit our Career Exploration Showcase

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